Shahrzad Mazhari MD (Psychiatrist), PhD (Neuropsychiatry)

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(Short Curriculum Vitae)

Appointments and employment history

2006-to 2010 PhD in Neuropsychaitry; School of Psychiatry and Clinical

Neurosciences, University of Western Australia

National Board of Psychiatry, Tehran, Iran

2000-2003 Medical Profession (Speciality) on Psychiatry; Shiraz University of

Medical Sciences, Shiraz, Iran

1991-1998 Doctorate in Medicine, Kerman University of Medical Sciences, Kerman,

Iran

Awards

2014 Elected as top researcher in Kerman Province

2007 International Postgraduate Research Scholarship (IPRS), University of

Western Australia

2007 Grants-in-aid, Australian Society for Psychiatric Research (ASPR)

Publications

- 1. Jannati N, **Mazhari S**, Ahmadian L, Mirzaee M. Effectiveness of an app-based cognitive behavioral therapy program for postpartum depression in primary care: a randomized controlled trial. International Journal of Medical Informatics. 2020:104145.
- 2. Sardari S, Pourrahimi AM, Talebi H, **Mazhari S**. Symmetrical electrophysiological brain responses to unilateral and bilateral auditory stimuli suggest disrupted spatial processing in schizophrenia. Scientific reports. 2019;9(1):1-9.
- 3. **Mazhari S**, Nejad AG, Mofakhami O, Raaii F, Bahaadinbeigy K. Evaluating the Diagnostic Agreement between Telepsychiatry Assessment and Face-to-Face Visit: A Preliminary Study. Iranian journal of psychiatry. 2019;14(3):236.
- 4. **Mazhari S**, Eslami Shahrbabaki M, Pourrahimi AM, Faezi H, Baneshi MR. The Effect of Spatial Numerical Association of Response Codes in Healthy Individuals and Schizophrenic Patients with Mixed-Reading Habit. Iranian Journal of Psychiatry and Behavioral Sciences. 2019;13(1).
- 5. Arjmand S, Behzadi M, Kohlmeier KA, **Mazhari S**, Sabahi A, Shabani M. Bipolar disorder and the endocannabinoid system. Acta neuropsychiatrica. 2019;31(4):193-201.
- 6. Ziaaddini H, Heshmati S, Chegeni M, Mousavi-Ramezanzade M, **Mazhari S**. Comparison of Buprenorphine and Buprenorphine/naloxone in Detoxification of Opioid-dependent Men. Addiction & health. 2018;10(4):269.
- 7. Vafaii P, Pourrahimi AM, Nakhaee N, **Mazhari S**. Anti-Extinction in Patients With Schizophrenia. Iranian Journal of Psychiatry and Behavioral Sciences. 2018;12(1).
- 8. Tabrizi YM, **Mazhari S**. Abnormalities of Motor Imagery Ability Associated with Spatial Working Memory Dysfunction in Chronic Schizophrenic Patients. Iranian Journal of Psychiatry and Behavioral Sciences. 2018;12(4).
- 9. Hosseinzadeh SA, **Mazhari S**, Najafi K, Ahmadi M, Aghaei I, Niazi M, et al. Impact of Anodic Transcranial Direct Current Stimulation (TCDS) on Changes in Movement and Life–Related Functions in Patients with Chronic Ischemic Stroke: A Clinical Trial. Entomology and Applied Science Letters. 2018;5(3):13-20.

- 10. Hosseinzadeh SA, **Mazhari S**, Najafi K, Ahmadi M, Aghaei I, Khaksarian M. Anodal transcranial direct current stimulation enhances positive changes in movement functions, visual attention and depression of patients with chronic ischemic stroke: A clinical trial. Biomedical Research and Therapy. 2018;5(11):2841-9.
- 11. **Mazhari S**, Parvaresh N, Pourrahimi AM, Rajabizadeh G, Abasabadi K. Mental Imagery in First-Degree Relatives of Patients with Schizophrenia. Iranian Journal of Psychiatry and Behavioral Sciences. 2017;11(2).
- 12. **Mazhari S**, Ghafaree-Nejad AR, Soleymani-Zade S, Keefe RS. Validation of the Persian version of the Schizophrenia Cognition Rating Scale (SCoRS) in patients with schizophrenia. Asian Journal of Psychiatry. 2017;27:12-5.
- 13. **Mazhari S**, Esmailian S, Shah-Esmaeili A, Goughari AS, Bazrafshan A, Zare M. Chlorpromazine versus clotiapine for schizophrenia. Cochrane Database of Systematic Reviews. 2017(4).
- 14. Eslami Shahrbabaki M, **Mazhari S**, Jahanbakhsh F. Comparison Cognitive Effects of Lithium and Sodium Valproate in Acute Mania. Journal of Jiroft University of Medical Sciences. 2017;3(2):1-11.
- 15. Eslami Shahrbabaki M, **Mazhari S**, Haghdoost A-A, Zamani Z. Anxiety, depression, quality of life and general health of parents of children with autism spectrum disorder. Health and Development Journal. 2017;6(4):314-22.
- 16. Bazrafshan A, Zare M, Bazrafshan M, Zare F, **Mazhari S**. Brexpiprazole versus placebo for people with schizophrenia. The Cochrane Database of Systematic Reviews. 2017;2017(3).
- 17. Vafaii P, **Mazhari S**, Pourrahimi AM, Nakhaee N. Hemispheric differences for visual P3 amplitude in patients with schizophrenia. Neuropsychiatry. 2016;6(6):308-13.
- 18. Pourrahimi AM, **Mazhari S**, Shabani M, Tabrizi YM, Sheibani V. Numerical distance effect in patients with schizophrenia. Neuroscience Letters. 2016;617:1-5.
- 19. Parvaresh N, **Mazhari S**, Mohamadi N, Mohamadi N. Evaluation of the prevalence of drug abuse and smoking in parents of children with attention deficit hyperactivity disorder. Addiction & health. 2016;8(1):41.

- 20. Saadati H, Esmaeili-Mahani S, Esmaeilpour K, Nazeri M, **Mazhari S**, Sheibani V. Exercise improves learning and memory impairments in sleep deprived female rats. Physiology & behavior. 2015;138:285-91.
- 21. Parvaresh N, Sabahi AR, **Mazhari S**, Gilani H. A study of the sexual function, sleep, and weight status of patients after 6 months of methadone maintenance treatment. Addiction & health. 2015;7(1-2):24.
- 22. Parvaresh N, **Mazhari S**, Nazari-Noghabi M. Frequency of psychiatric disorders in children of opioid or methamphetamine-dependent patients. Addiction & health. 2015;7(3-4):140.
- 23. Nozari M, Shabani M, Farhangi A, **Mazhari S**, Atapour N. Sex-specific restoration of MK-801-induced sensorimotor gating deficit by environmental enrichment. Neuroscience. 2015:pii: S0306-4522(15)00391-7. doi: 10.1016.
- 24. Nazeri M, Shabani M, Ravandi SG, Aghaei I, Nozari M, **Mazhari S**. Psychological or physical prenatal stress differentially affects cognition behaviors. Physiology & behavior. 2015;142:155-60.
- 25. **Mazhari S**, Tabrizi YM, Nejad AG. Neural evidence for compromised mental imagery in individuals with chronic schizophrenia. The Journal of neuropsychiatry and clinical neurosciences. 2015;27(2):127-32.
- 26. **Mazhari S**, Pourrahimi AM, Parvaresh N, Eslami Shahrbabaki M, Yazdani M. Relation of Visual and Representational Pseudoneglect and Attention Deficit in Patients with Schizophrenia. Iranian Journal of Psychiatry and Clinical Psychology. 2015;21(3):225-35.
- 27. **Mazhari S**, Keshvari Z, Sabahi A, Mottaghian S. Assessment of cognitive functions in methadone maintenance patients. Addiction & health. 2015;7(3-4):109.
- 28. **MAZHARI S**, Goughari AS, Pourrahimi AM, Sadeghi MM, Nakhaee N. Associations between components of metabolic syndrome and cognition in schizophrenia patients.2015.
- 29. Goughari AS, **Mazhari S**, Pourrahimi AM, Sadeghi MM, Nakhaee N. Associations between components of metabolic syndrome and cognition in patients with schizophrenia. Journal of Psychiatric Practice®. 2015;21(3):190-7.

- 30. Eslami-Shahrbabaki M, Fekrat A, **Mazhari S**. A study of the prevalence of psychiatric disorders in patients with methamphetamine-induced psychosis. Addiction & health. 2015;7(1-2):37.
- 31. Parvaresh N, Sabahi AR, **Mazhari S**, Gilani H. A study of the sexual function, sleep, and weight status of patients after 6 months of methadone maintenance treatment. Addiction & health. 2015;7(1-2):24.
- 32. Eslami-Shahrbabaki M, Fekrat A, **Mazhari S**. A study of the prevalence of psychiatric disorders in patients with methamphetamine-induced psychosis. Addiction & health. 2015;7(1-2):37.
- 33. Tabrizi YM, **Mazhari S**, Nazari MA, Zangiabadi N, Sheibani V. Abnormalities of motor imagery and relationship with depressive symptoms in mildly disabling relapsing-remitting multiple sclerosis. Journal of Neurologic Physical Therapy. 2014;38(2):111-8.
- 34. Saadati H, Sheibani V, Esmaeili-Mahani S, Hajali V, **Mazhari S**. Prior regular exercise prevents synaptic plasticity impairment in sleep deprived female rats. Brain research bulletin. 2014;108:100-5.
- 35. Saadati H, Sheibani V, Esmaeili-Mahani S, Darvishzadeh-Mahani F, **Mazhari S**. Prior regular exercise reverses the decreased effects of sleep deprivation on brain-derived neurotrophic factor levels in the hippocampus of ovariectomized female rats. Regulatory peptides. 2014;194:11-5.
- 36. Pourrahimi AM, **Mazhari S**, Shabani M, Sheibani V. An evidence for lack of pseudoneglect in patients with schizophrenia: An ERP study. Neuroscience Letters. 2014;561:96-100.
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- 39. **Mazhari S**, Moghadas Tabrizi Y. Abnormalities of mental rotation of hands associated with speed of information processing and executive function in chronic schizophrenic patients. Psychiatry and Clinical Neurosciences. 2014;68:410-7.
- 40. **Mazhari S**, Ekhlaspour M, Banazadeh N. Social Phobia and its Association with Academic Performance among Student of Kerman University of Medical Sciences. Strides in Development of Medical Education. 2014;11(2):227-35.
- 41. Ghaffari-Nejad A, Mashayekhi A, **Mazhari S,** Ghayoumi A. Determination of Factors Associated with Drug non Adherence after Discharge among Patients with Mood Disorders Hospitalized in Shahid Beheshti Hospital in Kerman: A Prospective Studyatients with mood disorders hospitalized in Shahid Beheshti hospital. Zahedan Journal of Research in Medical Sciences. 2014:0-.
- 42. Tabrizi YM, Zangiabadi N, **Mazhari S**, Zolala F. The reliability and validity study of the Kinesthetic and Visual Imagery Questionnaire in individuals with multiple sclerosis. Brazilian Journal of Physical Therapy. 2013;17(6):588-92.
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- 46. **Mazhari S**. Sending Short Message System (SMS) for Mental Health Patients. Iranian Journal of Psyhiatry and Clinical Psychology. 2013;19(2):156-7.
- 47. **Mazhari S**. The 100 top-cited articles published in psychiatric journals. Journal of Psychiatric Practice[®]. 2013;19(4):327-38.

- 48. Ghaffari Nejad A, **Mazhari S**, Estilaee F. Reviewing the Role of Using Videotape in Teaching Psychiatric Symptoms in Medical Students. Strides in Development of Medical Education. 2013;10(3):251-7.
- 49. Parvaresh N, Masoudi A, Majidi-Tabrizi S, **Mazhari S**. The correlation between methadone dosage and comorbid psychiatric disorders in patients on methadone maintenance treatment. Addiction & health. 2012;4(1-2):1.
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- 51. **Mazhari S**. The prevalence of problematic internet use and the related factors in medical students, Kerman, Iran. Addiction & health. 2012;4(3-4):87.
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- 53. **Mazhari S**, Bahaedin Beigi K. Telepsychiatry and its application in Iran. Iranian journal of psychiatry and clinical psychology. 2012;17(4):336-8.
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- 65. **Mazhari S**, Nakhaee N. Validation of the Edinburgh postnatal depression scale in an Iranian sample. Archives of women's mental health. 2007;10(6):293-7.
- 66. **Mazhari S**, Haghshenas H, Firooz-abadi A. Verbal Memory, Visual Memory and Working Memory in Patients with Schizophrenia and their First-degree Relatives. Iranian Journal of Psychiatry and Clinical Psychology. 2007;12(4):359-64.
- 67. Poorrahimi AM, Sheiban V, Abbasnejad M, **Mazhari S**. Effects of REM sleep deprivation during pregnancy on spatial learning of adult male offspring of rats. Physiology and Pharmacology. 2007 Apr 10;11(1):30-7.
- 68. Haghdoost A, **Mazhari S**, Bahadini K. Comparing the results of light microscopy with the results of PCR method in the diagnosis of Plasmodium vivax. Journal of vector borne diseases. 2006;43(2):53.
- 69. Haghdoost A, **Mazhari S**, Bahaadini K. Estimating the relapse risk of Plasmodium vivax in Iran under national chemotherapy scheme using a novel method. Journal of Vector Borne Diseases. 2006;43(4):168.

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- 71.Meimandi MS, Nakhaei N, Baghini MS, **Mazhari S**, Sharifi S, Sharifi F. Knowledge of Kerman general practitioners about tramadol in 2004. J. Kerman Univ. Med. Sci. 2005;12(3):202-8.
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- 75. Moghadas Tabrizi Y, **Mazhari S**. Abnormalities of Motor Imagery Ability Associated with Spatial Working Memory Dysfunction in Chronic Schizophrenic Patients. Iranian Journal of Psychiatry and Behavioral Sciences.12(4).
- 76. **Mazhari S**, Arjmand S, Eslami Shahrbabaki M, Karimi Ghoughari E. Serum copper level and cognitive functions in patients with schizophrenia. Basic and Clinical Neuroscience.0-.
- 77. Tabrizi Y, **Mazhari S**, Nazari M, Zangiabadi N, Sheibani V. Abnormalities of motor imagery and relationship with depressive symptoms in mildly disabling relapsing-remitting multiple sclerosis. Journal of Neurologic Physical Therapy. 2014:111-8.
- 78. Saadati H, Sheibani V, Esmaeili-Mahani S, Darvishzadeh-Mahani F, **Mazhari S**. Prior regular exercise reverses the decreased effects of sleep deprivation brain-derived neurotrophic factor levels in the hippocampus of ovariectomized female rats. Regulatory peptides. 2014:11-5.
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