

Parisa Divsalar
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Kerman Medical University of Medical Sciences

Education & Certification

- Fellowship of Psychosomatic Medicine
Imam Khomeini Hosp. Tehran University of Medical Sciences
Date:19/03/2017
- Eating Disorder Clinical Attachment
Cheadle Royal Hospital-UK
Date:30/06/2013
- Certificate in CBT
The university of West Scotland – Edinburgh, Scotland
Date:2011
- Iranian Board of Psychiatry
Ministry of Health & Medical Education – Iran
Date: 15/08/2009
- Psychiatry Specialist
Shahid Beheshti Hosp. Kerman University of Medical Sciences
Date: 12/08/2009
- Doctorate of Medicine
Afzalipour University of medical sciences & health services, Kerman – Iran
Date: 09/02/2001

ADMINISTRATION:

- Head of Psychosomatic ward, Afzalipour Teaching Hospital, Kerman University of Medical Sciences
- Head of Clinical Education & Development centre of Beheshti Teaching Hospital. Kerman University of Medical Sciences
- Member of the University Publications Council, Kerman University of Medical Sciences
- Member of Neurosciences Research Centre, Kerman University of Medical Sciences
- Member of the training management team, Shahid Beheshti Hosp, Kerman University of Medical Sciences
- Member of the board of examiners for the specialized field of psychiatry, Kerman University of Medical Sciences
- Member of the pharmaceutical and technical compliance committee, Shahid Beheshti Hosp, Kerman University of Medical Sciences
- Previous Deputy of Treatment, Shahid Beheshti hosp. Kerman University of Medical Sciences

- Previous Secretary of Ethics Committee, Shahid Beheshti hosp. Kerman University of Medical Sciences
- Previous Technical manager of addiction treatment clinic, Bam University of Medical Sciences
- Previous Vice Chancellor of Education, Bam University of Medical Sciences
- Previous Vice Chancellor of Research, Bam University of Medical Sciences
- Previous Member of the editorial board of Rahmanood magazine, Bam University of Medical Sciences

Thesis Supervision

- The effect of Repetitive transcranial magnetic stimulation (r-TMS) in the Dorsolateral Prefrontal Cortex (DLPFC) on the symptoms of patients with obsessive-compulsive disorder referred to Shahid Beheshti Hospital in Kerman
- Comparison between frequency of obsession and anxiety in patient with Meniere disease and normal population
- Investigation of clinical and demographic data in patients admitted with suicide attempt in psychosomatic ward of afzalipour hospital, Kerman, Iran, from 2017 to 2021
- The effect of Repetitive transcranial magnetic stimulation (r-TMS) in the supplementary motor area (SMA) on the symptoms of patients with obsessive-compulsive disorder referred to Shahid Beheshti Hospital in Kerman
- Evaluation of Behavioural Problems of Children with Hyperactivity and Attention Deficit from the Parents' Perspective in Comparison with Healthy Children during Covid-19 Outbreaks (Focusing on Virtual School Education)
- Prevalence of depression and anxiety in adult patients with congenital heart disease and comparison with healthy persons
- Prevalence of depression in Meniere patients referred to the ENT clinic of Shafa Hospital in 1400
- Evaluation of the score of opioid and methamphetamine abuse among students of Kerman university of Medical Sciences in 2022
- A Comparison of latent class and K-means methods for identifying latent subgroups in patients with Post-Traumatic Stress Disorder (PTSD) twelve years after the Bam earthquake
- The Study of Relationship Spiritual Health with Happiness and depression in the Kerman Medical Students
- The assessment of frequency of obsessive-compulsive disorder in patients candidate for elective angiography of coronary arteries referred to Shafa Hospital in 2020-21

- Evaluation of executive function in 7-11 years old children using cochlear implantation in comparison with healthy children in Shafa hospital: a case control study
- Frequency of anxiety, depression and drug use in patients with COVID-19 admitted to Kerman Afzalipour Hospital in 2020
- Comparison of depression and quality of life of mothers with deaf children before and after cochlear implant surgery in Shafa hospital of Kerman in 2022-2023
- The effect of legalized abortion on mental health in patients referring to the Afzalipour Kerman therapeutic training center in 1398-99
- The efficacy of Buspirone on withdrawal symptoms in children and adolescents with substance use disorder on treatment with buprenorphine
- The Study of level of suicidal ideation in metabolic syndrome patients referring to afzalipour hospital in 1398
- Comparison study of aggression in patients with schizophrenia, bipolar disorder, major depression disorder, and normal population in Shahid Beheshti hospital of Kerman in 1397
- Study on the Mental health status in patients undergoing dialysis in Shafa, Afzalipour, Javad-Alaemeh hospitals in Kerman city , 2020-2021
- Effect of Mindfulness-Based Stress Reduction on stress, anxiety and depression of unintended pregnancy in women referred to health care centers in Sirjan, 2018.
- The evaluation of relationships between obsessive-compulsive disorder of mothers and sleep and feeding problems in children between 6 to 36 months in a few selected clinics in Kerman city in 1396
- Distribution of the frequency of causes of psychiatric counselling at the Afzali pour hospital in the year 2018
- Drug use and pattern of injuries sustained by drivers involved in road traffic crashes in 1397

Publications

Suicidal Ideation and Depression in Hospitalized Patients With Metabolic Syndrome.
Divsalar P*, Zamanizadeh S, Gozashti M H. CPR 2022; 1 (1) :62-77

Latent classes of posttraumatic stress disorder among survivors of the Bam Earthquake after 17 years.

Abolhadi, E., Divsalar, P., Mosleh-Shirazi, M.A. et al. BMC Psychiatry 22, 603 (2022). <https://doi.org/10.1186/s12888-022-04216-3>

Maternal Obsessive-Compulsive Disorder (OCD) and Its Relation with Eating Problems and Sleep Disorders in 6 to 36-Month-Old Children

Eslami Shahrabaki M, Bahreini F, Ahmadipour H, Divsalar P*. Health and Development Journal. 2021; 10(2):82-90. 10.22062/JHAD.2021.91655

. Drug use and pattern of injuries sustained by drivers involved in road traffic crashes.

Divsalar P, Mohammadi M, Divsalar K. Traffic Inj Prev. 2021;22(3):195-200. doi: 10.1080/15389588.2021.1889528. Epub 2021 Mar 12. PMID: 33709853.

Trend of Incidence Rate of Suicide and Associated Factors in 2011-2015 in Zarand-Iran

Behnaz Aflatoonian , Mohammad Reza Aflatoonian , Habibalah Khanjari , Reza Mirzahosini Zarandi , Parisa Divsalar *
Hormozgan medical journal. 2021;25(1): 33-38.
doi: 10.5812/hmj.103041

The influence of mindfulness-based stress reduction (MBSR) on stress, anxiety and depression due to unwanted pregnancy: a randomized clinical trial.

Nejad FK, Shahraki KA, Nejad PS, Moghaddam NK, Jahani Y, Divsalar P. J Prev Med Hyg. 2021 Apr 29;62(1):E82-E88. doi: 10.15167/2421-4248/jpmh2021.62.1.1691. PMID: 34322621; PMCID: PMC8283654.

The Efficacy of Probiotics for Treatment of Bipolar Disorder- Type 1: A Randomized, Double-Blind, Placebo-Controlled Trial

Mahin Eslami Shahrabaki, Saleheh Sabouri, Abdolreza Sabahi, Delaram Barfeh, Parisa Divsalar, Mahdi Esmailzadeh5, Atefeh Ahmadi
Iran J Psychiatry 2020; 15: 1: 10-16

Divsalar P, Dehesh T. Prevalence and Predictors of Post-Traumatic Stress Disorder and Depression Among Survivors Over 12 Years After the Bam Earthquake.

Neuropsychiatr Dis Treat. 2020 May 12;16:1207-1216. doi: 10.2147/NDT.S252730. PMID: 32494140; PMCID: PMC7231761.

Baniasadi M, Divsalar P *, Noorbala AA, Eslami Shahrabaki M, Aflatoonian B, Ashrafi Asgarabad A. Bam Earthquake Survivors' Mental Health Status 12 Years

after the Earthquake: A Population-Based Study. Arch Iran Med. 2019 Feb 1;22(2):59-64. PMID: 30980639.

Saffron (Crocus sativus) versus duloxetine for treatment of patients with fibromyalgia: A randomized double-blind clinical trial

Mansoor Shakiba, Ehsan Moazen-Zadeh 2, Ahmad Ali Noorbala, Morteza Jafarinia, Parisa Divsalar, Ladan Kashani, Nazila Shahmansouri, Abbas Tafakhori, Hannaneh Bayat, Shahin Akhondzadeh

AJP, Vol. 8, No. 6, Nov-Dec 2018

Red yeast rice as an adjunct to sertraline for treatment of depression in patients with percutaneous coronary intervention: Placebo-controlled trial

Parisa Divsalar, Ahmad Ali Noorbalaa, Moazen-Zadehc, Morteza Jafariniaa, Mansour Shakibaa,d, Nazila Shahmansouria, Maryam Ghazizadeh-Hashemie, Farnaz Etesama, Shahin Akhondzadeh
Advances in Integrative Medicine 5 (2018) 69–74

A Survey on Mental Health Status of Adult Population Aged 15 and above in the Province of Kerman, Iran

Ahmad Ali Noorbala , Seyed Abbas Bagheri Yazdi , Soghrat Faghihzadeh , Koorosh Kamali ,Elham Faghihzadeh , Ahmad Hajebi , Shahin Akhondzadeh , Parisa Divsalar , Nahid Kaviani ,Zeinab Sarhadi , Ahdieh Bashar
Archives of Iranian Medicine, Volume 20, Number 11 (Suppl. 1), November 2017

Does Childhood Trauma Lead to Sustained Hallucinations in Preschool-Aged Children? A Case Repot

Mahin Eslami Shahrbabaki, and Parisa Divsalar *
Int J High Risk Behav Addict. 2017; 6(3):e36926.

Review of child –parent relationship therapy on parenting style and children behaviour problems

Robabeh Amiri, Shahla Alizadeh, Mahsa Barkhi, Somayeh Dortaj Sani, Farhad Parvizian, Elham Dehyadegary, Parisa Divsalar, Kouros Divsalar
.TERAPEVTICHESKII ARKHIV 87.1s (2015): 42-47

Systemic Lupus Erythematosus Presenting with a Fatal Intestinal

Neda Nozari, Parisa Divsalar
Middle East Journal of Digestive Diseases (MEJDD) 2014. 6(3):162-164.

Abdominal Pain Crisis in a Young Patient with B12

Neda Nozari, Akram Pourshams, Parisa Divsalar
Govaresh/Vol 19, No.1, Spring 2014; 63-5

An Interesting Case of Misdiagnosed Inflammatory Bowel Disease With Immunoproliferative Small Intestine Disorder

Neda Nozari, Homayoon Vahedi, A R Radmard, Masoud Sotoudeh, Parisa Divsalar
Shiraz E-Med J. 14(4): e19737, Published online 2014 June 15

An Interesting Case of a Large Epithelioid Hemangioendothelioma of the Liver Presented with Lungs Symptoms

Neda Nozari, Homayoon Vahedi, Amir Reza Radmard, Masoud Sotoudeh, Parisa Divsalar, Abdolsamad Gharravi
Shiraz E-Med J. 14(4): e16654, Published online 2013 October 1

Self-efficacy; the strongest predictor of academic involvement in high school students

Elham Dehyadegary, Parisa Divsalar, Amir Nasehzadeh, Gholamreza Ebrahimi Nejad, Kouros Divsalar, Azar Shakh-aleslami

Life Science Journal 2014, 11(4s)

The Outcome of Cognitive Behavioral Therapy Intervention on Depression in Adolescents

Parisa Divsalar, Mitra Charkhandeh, Elham Dehyadegary, Amir Nasehzadeh, Gholamreza Ebrahimi Nejad, Kouros Divsalar, Azar Shakh-aleslami
Life Science Journal 2014, 11(4s)

Manic Vs Mixed; the evaluation of anxiety, depression and global assessment of functioning in Bipolar patients.

Parisa Divsalar
International Journal of Psychiatry in Clinical Practice; vol 17 (2) 2013

The evaluation of Anxiety, Depression and Global Assessment of Functioning in bipolar patients at manic and mixed episodes

Kerman medical university Journal, 06/05/2009

Presentations at congress

Smoking cessation helps behind the scenes in the fight against heart disease
International Congress of Psychocardiology. Shiraz. Iran. 10 december 2020

Red Yeast Rice as an Adjunct to Sertraline for Treatment of Depression in Patients with Percutaneous Coronary Intervention: Placebo-Controlled Trial

The second annual conference of the Scientific Association of Psychosomatic Medicine of Iran 24-26 apr. 2019

The importance of psychopharmacology in skin diseases

The second annual conference of the Scientific Association of Psychosomatic Medicine of Iran 24-26 apr. 2019

Symptoms and outcome of tokophobia

The first annual congress of the Iranian Medical Psychosomatic Association, Tehran, Iran. 9-11 May, 2018.

Application of saffron in the treatment of fibromyalgia

The first annual congress of the Iranian Medical Psychosomatic Association, Tehran, Iran. 9-11 May, 2018.

Opioid replacement therapy in pregnant women with opioid use disorder

The 34th Annual Congress of the Scientific Association of Psychiatrists of Iran
17-20 October 2017

Cognitive maturity in pre-school age children

The first conference on addictive and risky behaviors in children and adolescents 15-17 nov 2016

Mood disorders in multiple sclerosis and its consequences on quality of life

The 33rd annual conference of the Scientific Association of Psychiatrists of Iran
18-21 october2016

The outcome of cognitive behavioural therapy intervention on depression in adolescents

7TH International congress of child and Adolescent.12-14 May 2015

comparison of internalizing disorders in 8-14 years old offspring of opium and heroin dependent parents:a case control study

8th international congress on addiction science.10-12 sep2014

Manic vs mixed; the evaluation of anxiety, depression and global assessment of functioning in bipolar patients

13th int forum on mood and anxiety disorder Monaco 20-22 nov 2013

Medical Work Experience

23/09/2015-19/03/2017, **Fellowship resident of Psychosomatic Medicine**

Imam Khomeini Hosp. Tehran University of Medical Sciences

23/09/2013-Present, **Assistant Professor**

Bam University of Medical Sciences, Kerman University of Medical Sciences

01/12/2012-30/06/2013- **Clinical Attachment**

Eating Disorder Department, Cheadle Royal Hospital-UK

24/09/2009 – Present, **Psychiatrist**

Kerman University of Medical Sciences &Health services in Bam Health centre – Bam- Iran

23/09/2006 – 22/09/2009, **Psychiatry resident**

Shahid Beheshti Mental Hospital – Kerman – Iran

01/06/2006 – 23/09/2009, **Medical Doctor**

Kerman University of Medical Sciences &Health services in Bam Health centre – Bam- Iran

08/03/2003 – 30/05/2006, **General Practitioner**

DR Parisa Divsalar Clinic, Kerman, Iran

27/02/2002 – 29/02/2003, **General Practitioner**

Burning Unit Emergency, Shafa hospital Training & Treatment Centre in Kerman- Iran

09/05/2001 – 26/02/2002, **General Practitioner**

Accident & Emergency, Sina Hospital, Zarand-Kerman-Iran

Achievement

Superior Researchers (first ranking) in 2014, Bam University of Medical Sciences

Top resident, Shahid Beheshti Hosp. Kerman University of Medical Sciences in 2008

Memberships

- Member of **Psychosomatic Medicine Association**
Date: **2016**
- Member of **Iranian Board of Psychiatrist**
Date of Registration: **15/08/2009**
- Member of **Iranian Psychiatry Association**
Date of Registration: **15/08/2009**
- Member of **Medical Council** of the Islamic Republic of Iran
Membership Number: **83130**
Date of registration: **03/04/01**
Record: **Clear**