

Farzaneh Jahanbakhsh MD (Psychiatrist- Fellowship in sleep medicine)
Assistant Professor of Psychiatry; School of Medicine. Kerman University of
Medical Sciences

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Google Scholar link:

<https://scholar.google.com/citations?hl=en&user=6JquA7YAAAAJ>

Appointments and employment history:

2004-2011 : Doctorate in Medicine; Kerman University of Medical Sciences,
Kerman,Iran.

2012-2016: Medical Profession (Specialty) on Psychiatry; Kerman University
of Medical Sciences,Kerman, Iran.

2016 : National Board of Psychiatry, Tehran, Iran.

2021-2022: Fellowship in sleep medicine, Tehran University of Medical
Sciences,Tehran,Iran.

Awards:

Top resident of Kerman University of Medical Sciences in 2015

Fifth rank of national board of psychiatry in 2016

Teaching Experience:

Teaching in the psychiatry group of Kerman University of Medical Sciences in
the courses:

Practical and theoretical for medical students.

Practical and theoretical for psychiatric residents.

Psychiatry course for students of midwifery, physiotherapy and dentistry.

Participate in training courses:

1. Theoretical and practical course of couple therapy
2. Theoretical and practical course of cognitive-behavioral therapy
3. Transference-focused therapy workshop
4. ISTDP Workshop
5. National Curriculum Planning Workshop in Medical Education
6. Workshop on the use of virtual learning tools
7. Effective interpersonal communication skills workshop

Notifications:

1. Head of Emergency Department of Shahid Beheshti Hospital.
2. Member of the quality monitoring committee of Shahid Beheshti Hospital
records.
3. Second Deputy Head of Operations Unit of Shahid Beheshti Hospital.
4. Member of the Board of Examiners of Comprehensive Basic and Pre-
Internship Exams.

5. Assistant Medical Officer of Shahid Beheshti Hospital.

Student Thesis Tips and Advice:

1. Investigation of psychometric properties of the Persian version of the questionnaire Modified yalefood addiction scale version 2.0 In the Iranian example.
2. Factors Associated with Recurrence of Bipolar I Disorder and its Relationship with Demographic Characteristics.
3. Factors Associated with Recurrence of schizophrenia and Its Relationship with Demographic Characteristics.
4. Evaluation of sleep quality and its relationship with mental health of patients with beta thalassemia major.
5. Checking the validity and reliability of Restless Legs Syndrome (RLS-QoL) quality of life questionnaire in outpatients visiting Kerman psychiatric clinics.
6. Comparison of the executive performance of methamphetamine users with the withdrawal group and the control group in Shahid Beheshti Medical Center.
7. Investigating the effect of fluoxetine on the severity of depression and anxiety symptoms in hemodialysis patients: a randomized, double-blind, placebo-controlled clinical trial.
8. Comparison of sleep quality, self-efficacy and corona anxiety in nurses working in the care departments of covid-19 patients with other nurses in Kerman.
9. Investigating sleep quality and related factors in methadone maintenance patients.
10. Examining the validity and reliability of the Cambridge Friendship Questionnaire (FQ) in patients with schizophrenia.
11. Investigating the prevalence of insomnia and its related factors in patients with heart problems.
12. Design and evaluation of the electronic data registration system of patients referring to the emergency department of Shahid Beheshti Hospital in Kerman.
13. Investigating the reasons for tendency and relapse to methamphetamine in patients admitted to Shahid Beheshti Hospital in Kerman.
14. Investigating the state of mental health in employees of Afzalipur Hospital in Kerman following the outbreak of corona virus disease 2019.
15. Examination of job burnout in the corona treatment staff of Afzalipur Hospital, Kerman.
16. Designing and validating the differential diagnosis checklist for bipolar disorder (CDDBD) and evaluating the accuracy of the final diagnosis of bipolar disorder.
17. Investigating the effects of capsules containing the standardized hydroalcoholic extract of rosemary (*Rosmarinus officinalis* L.) as an adjunctive treatment in major depressive disorder.

18. The effect of electronicizing error reporting forms on reducing the stress level of nurses.

Publications:

1. Saeed Azizi , Neda Mohamadi , Fariba Sharififar , Gholamreza Dehghannoudeh , **Farzaneh Jahanbakhsh** , Fatemeh Dabaghzadeh. Rosemary as an adjunctive treatment in patients with major depressive disorder: A randomized, double-blind, placebo-controlled trial. Complementary Therapies in Clinical Practice (2022).
2. Reihaneh Heidari, Arezu Najafi, **Farzaneh Jahanbakhsh**, Reza Erfanian, Mostafa Yazdani. Validity and reliability of the Persian version of the Athens Insomnia Scale. ASEAN Journal of Psychiatry(2022)
3. Mazhari S, Karamooz A, Eslami-Shahrbabaki M, **Jahanbakhsh F** and Sonia Dollfus. Validity and reliability of a Persian version of the self-evaluation of negative symptoms (SNS). BMC Psychiatry (2021) 21:516.
4. Eslami-Shahrbabaki M, Mazhari S, **Jahanbakhsh F**. Comparison Cognitive Effects of Lithium and Sodium Valproate in Acute Mania. Jurnal of jiroft university of medical sciences 2017;3(1) :1-11
5. Lashkarizadeh M, **Jahanbakhsh F**, et all. Views of cancer patients on revealing diagnosis and information to them. Ethics and history of medicine. 2012; 5 (4): 65-74.