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Appointments and employment history:

1987-1994: Doctorate in Medicine; Kerman University of Medical Sciences, Kerman, Iran.

2016 -2019: Medical Profession (Specialty) on Psychiatry, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

Teaching Experience:

Teaching in the psychiatry group of Kerman University of Medical Sciences in the courses:

Practical and theoretical for medical students.

Practical and theoretical for psychiatric residents.

Psychiatry course for students of dentistry.

Participate in training courses:

1. Theoretical and practical course of hypnotherapy.
2. National Curriculum Planning Workshop in Medical Education
3. Workshop on the use of virtual learning tools
4. Effective interpersonal communication skills workshop

Administrative positions:

1. The chancellor of Kerman University of Medical Sciences
2. The vice chancellor for treatment, Kerman University of Medical Science
3. Head of Psychiatric department of Kerman University of Medical Sciences

Student Thesis Tips and Advice:

1. The efficacy of buprenorphine augmentation in treatment of psychosis in opium addicted bipolar patients with psychotic feature

2. The effects of emotion regulation training on stress, anxiety, depression and resiliency among caregivers' family of patients with schizophrenia referred to Psychiatric Hospital Shahid Beheshti in City of Kerman in 2017.
3. Study of a short message service (SMS)-based strategy for enhancing adherence to medication in schizophrenia
4. Evaluating if the effect of probiotics augments in treatment of patients of bipolar disorder
5. Patterns of psychotropic medication in hospitalized schizophrenic patients at Shahid Beheshti Psychiatry hospital of Kerman in 2018
6. A Study of the Prevalence of Smoking Hookah and Its Correlation with Problem Solving Skills of Students in Kerman in 1395-1396
7. psychiatry disorder outbreak assessment in patients who refer to general clinics in the Kerman city in 1396
8. Study of relationship between desire to cure and religious tendencies with the rate of recurrence in persons under treat with methadone.
9. The Prevalence of Sleep Disorders in Elderly Adults in the elderly living in nursing in Kerman from in 2013
10. a survey on frequency of psychiatric disorders among adult referring to general practitioners' clinic in Kerman in 1396
11. Prevalence of depression among the elderly in Kerman city in 2018
12. Investigating the Prevalence of Depression in Kerman's Elderly Health Centers in 2020-2021
13. Estimating the correlation between stress, social support and happiness with smoking dependency in medical students of Kerman university of medical science
14. Evaluation of the use of digital media and its relationship with behavioral disturbances in preschool stage children in Kerman
15. Evaluation of quality of life and associated psychiatric comorbides in patients with gender identity disorder in 2020
16. The efficacy of buprenorphine in treatment of Methamphetamine – induced psychotic disorder in opium dependent patient
17. Evaluation the Prevalence of psychiatric disorders Beginning at the Central Detention Center of Kerman in 2021

18. Investigation of Pramipexole's possible efficacy to diminish liability to relapse of drugs of abuse (stimulants): A double-blind randomized placebo-controlled study
19. The frequency of adverse childhood experience among patients with alcohol poisoning referred to emergency departments of Kerman hospital in comparison with control group, 2019
20. Efficacy of the traditional medicine preparation of dodder (*Cuscuta campestris*) and polypody (*Polypodium vulgare*) in patients with obsessive-compulsive disorder: A double-blind clinical trial
21. The prevalence of using cigarette and waterpipe in medical students of Kerman medical university in the year 2020
22. Prevalence of depression among patients admitted Kerman addiction clinics and its correlation with returning to substance abuse in year 1399
23. Pramipexole as a possible candidate to diminish liability to relapse of opioid abuse: A double-blind randomized placebo-controlled study
24. Designing Checklist for Differential Diagnosis of Bipolar Disorder (CDDBD) and assessing the accuracy of final diagnosis of bipolar disorder in admitted patients in Shahid Beheshti Hospital, Kerman, Iran in 2020
25. A comparative assessment of depression and anxiety scores by two methods of self-assessment with e-questionnaire and remote psychiatric interview in post-COVID- 19 patients admitted in a recovery care center
26. Comparison of the mental health status of COVID 19 patients at admission and discharge time in Kerman Afzalipour hospital in 2022
27. An Abundance of health anxiety and mental health among Drivers, shop assistants and restaurateurs during Covid 19 epidemic in the year 1400 in the city of Kerman
28. moral injury in healthcare workers of afzalipour hospital corona ward in Kerman during 2021
29. Evaluation of the frequency of anxiety and depressive disorders among children affected with rheumatic diseases and their parents during 1400
30. Investigating the prevalence of depression, anxiety and stress among students of Kerman University of Medical Sciences following the outbreak of Covid-19 and investigating its relationship with the level of dependence on cyberspace in2022

31. Assessing the quality of psychiatric education from the perspective of medical trainees of Kerman University of Medical Sciences in 1401
32. Investigating the relationship between the level of aggression and mental health status in medical students of Kerman University of Medical Sciences in 2022
33. Examining occupational stress and its relationship with the level of psychological well-being in nurses of teaching hospitals of Kerman University of Medical Sciences in 1402
34. Running of the third phase of the project of risk factors of coronary artery diseases among 15 to 80 years old people living in Kerman, Iran (2022-2025)
35. Investigation of substance abuse prevalence in patients with psychiatric disorders admitted to Kerman Shahid Beheshti Hospital in 2021
36. Investigating the relationship between psychiatric disorders and quality of life of people living with HIV in Kerman in 2023

Publications:

1. Prevalence, Incidence and Health Impacts of Sleep Disorders on Coronary Artery Disease Risk Factors: Results of a Community-Based Cohort Study (KERCADRS)

H Najafipour, A Sabahi, MS Shahrokhabad, G Banivaheb, M Shadkam, ...Iranian Journal of Psychiatry 17 (3), 247-256 2022

2. The effect of the emotion regulation training on the resilience of caregivers of patients with schizophrenia: a parallel randomized controlled trial

M Behrouian, T Ramezani, M Dehghan, A Sabahi, ...BMC psychology 9 (1), 1-8,2021

3. The Effect of Short Message Service on Medication Adherence in Patients with Schizophrenia

S Mazhari, A Sabahi, S Ghiasi, R Nikbakht, Journal of Health and Biomedical Informatics 7 (4), 390-397 2021

4. Trends in the prevalence and incidence of anxiety and depressive symptoms in Iran: findings from KERCADRS

H Najafipour, MS Shahrokhabad, G Banivaheb, A Sabahi, M Shadkam, ...Family medicine and community health 9 (3) 2021

5. Relationship between Digital Screen Time and Behavioral Disorders in Preschool Children

M Eslami Shahrababaki, A Ahmadi, A Sabahi, P Salehi, Journal of Mazandaran University of Medical Sciences 30 (189), 158-163 2020

6. Trends in the Prevalence and Incidence of Anxiety and Depression in Adult Population in Iran: Findings from Kerman Coronary Artery Diseases Risk factors Study (KERCADRS)

H Najafipour, G Banivaheb, A Sabahi, M Shadkam, A Mirzazadeh, 2020

7. The effect of emotion regulation training on stress, anxiety, and depression in family caregivers of patients with schizophrenia: a randomized controlled trial

M Behrouian, T Ramezani, M Dehghan, A Sabahi, ..Community mental health journal 56 (6), 1095-1102 15 2020

8. Investigating Relationship between Spiritual and Religious Orientation and Positive Feelings toward the Spouse

M Askaripour, A Sabahi, INTERNATIONAL JOURNAL OF ETHICS AND SOCIETY 2 (1), 51-56 1 2020

9. The efficacy of probiotics for treatment of bipolar disorder-type 1: a randomized, double-blind, placebo-controlled trial

ME Shahrababaki, S Sabouri, A Sabahi, D Barfeh, P Divsalar, Iranian journal of psychiatry 15 (1), 10 15 2020

10. When Thoughts Are in a Race: Area 10 and bipolar disorders

S Arjmand, A Sabahi, V Sheibani, Psychiatry investigation 16 (10), 715 2019

11. Bipolar disorder and the endocannabinoid system

S Arjmand, M Behzadi, KA Kohlmeier, S Mazhari, A Sabahi, M Shabani, Acta neuropsychiatrica 31 (4), 193-201 18 2019

12. The relationship between extrinsic and intrinsic religious orientation with perceived stress and cigarette addiction among university students

N Banazadeh, A Sabahi, H Ziaadini, A Jalali-Khalilabadi, M Banazadeh, Addiction & health 11 (2), 73 5 2019

13. A double blind randomized clinical trial of buprenorphine augmentation for treatment of psychotic symptoms in opioid addicted bipolar patients

N Khalili, A Sabahi, M Vahedian, M Alimardanzadeh, Journal of opioid management 15 (2), 2. 2019

14. Prevalence of anxiety and depression symptoms and their relationship with other coronary artery disease risk factors: A population-based study on 5900 residents in Southeast Iran

H Najafipour, G Banivaheb, A Sabahi, N Naderi, M Nasirian, ...Asian journal of psychiatry 20, 55-60 31
2016

15. Studying the dreaming content in the patients with methadone maintenance therapy who were admitted to the drug rehabilitation centers in the city of Kerman in 2014

AMZ Anari, AG Nejad, A Sabahi, DR Farokhi, European Psychiatry, S742-S743 2016

16. A study of the sexual function, sleep, and weight status of patients after 6 months of methadone maintenance treatment

N Parvareh, AR Sabahi, S Mazhari, H Gilani, Addiction & health 7 (1-2), 24 30 2015

17. Sleep Status and its Relationship with Other Coronary Artery Diseases Risk Factors: Findings of a Community-based Study in South East of Iran

H Najafipour, A Sabahi, F Mirrashidi, M Afshari, AA Haghdoost, J Sleep Disord Ther 4 (197), 2167-0277.1000197 1 2015

18. Assessment of cognitive functions in methadone maintenance patients

S Mazhari, Z Keshvari, A Sabahi, S Mottaghian, Addiction & health 7 (3-4), 109 24 2015

19. The Relationship between Attention Deficit Hyperactivity Disorder and Personality Characteristics in Migrainous Patients

AR Sabahi, A Ghaffarinejad, M Ghasemi, R Alizadeh-Nouri, Zahedan Journal of Research in Medical Sciences 16 (10 (suppl)) 1 2014

20. Diagnostic stability of psychiatric disorders in re-admitted psychiatric patients in Kerman, Iran

F Alavi, N Nakhaee, A Sabahi, Global journal of health science 6 (5), 294 13 2014

21. Patterns of psychotropic medication prescriptions by psychiatrists for private clinic outpatients in Kerman province, Iran

A Sabahi, G Sepehri, M Mohsenbeigi, E Sepehri, Sultan Qaboos University Medical Journal 14 (3), e382 9 2014

22. Viewpoints and Experiences of Personnel Regarding Establishment of Certificate of Quality Management System in Kerman Hospitals

S Tofighi, MA Shamdi, A Sabahi, A Amerioun, R Zaboli, Health Information Management 11 (1), 71-79, 2014

23. Patterns of psychotropic medication prescriptions by psychiatrists for private clinic outpatients in Kerman province, Iran

A Sabahi, G Sepehri, M Mohsenbeigi, E Sepehri, SQUMJ-Sultan Qaboos University Medical Journal 14 (3), 353-358 2014

24. Enucleation of eye using finger following cannabis consumption: a case report

AR Sabahi, Z Amini-Ranjbar, A Sharifi, A Kheradmand, Addiction & health 6 (1-2), 81 4 2014

25. Effect of Estrogen and Progesterone on Cytokines Levels at Different Time Intervals after Traumatic Brain Injury

M Khaksari Hadad, Z Soltani, AR Sarkaki, G Sepehri, S Hajizadeh, ..Physiology and Pharmacology 14 (3), 220-233 2010

26. Epidemiological survey of suicide through the Forensic Medical Center in the province of Kerman

MT Yasamy, A Sabahi, M Mirhashemi, S Seifi, P Azar Keyvan, MH Taheri, Iranian journal of psychiatry and clinical psychology 7 (4), 4-12 37 2002

27. Trends in the Prevalence and Incidence of Anxiety and Depression in Adult Population in Iran: Findings from Kerman Coronary Artery Diseases Risk Factors Study (KERCADRS)

G Banivaheb, A Sabahi, M Shadkam, A Mirzazadeh

28. Effect of Estrogen and Progesterone on Cytokines Levels at Different Time Intervals after Traumatic Brain Injury

MK Hadad, Z Soltani, AR Sarkaki, G Sepehri, S Hajizadeh, A Sabahi

29. A Study of the Sexual Function, Sleep, and Weight Status of Patients after 6 Months of Methadone Maintenance Treatment

MD Noushin Parvaresh, MD Shahrzad Mazhari, Addiction and Health

30. Evaluation of quality of life and associated psychiatric disorders in patients diagnosed with sex dissatisfaction under non-surgical and surgical treatment

SS Hoseini Mousa, Faculty of Medicine, Kerman University of Medical Sciences, Kerman, Iran

31. Relationship between Digital Screen Time and Behavioral Disorders in Preschool Children

ME Shahrababaki, A Ahmadi, A Sabahi, P Salehi